SSSRA
South Suburban Special Recreation Association

Providing Therapeutic Recreation Services Since 1973

Summer 2020
Registration Deadline: June 5, 2020

Country Club Hills • Hazel Crest • Homewood-Flossmoor • Lansing • Matteson
Oak Forest • Olympia Fields • Park Forest • Richton Park • Tinley Park
SSSRA MISSION STATEMENT

To promote the power of choice and to enhance the quality of life of individuals of all abilities, by providing accessible recreation in an environment that promotes dignity, success, and fun.

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REGISTRATION DEADLINE

June 5, 2020

Do not delay, register today!

Ensure that the program you wish to attend is not cancelled by registering early. Unfortunately, if there are not enough registrants, the program must be cancelled. Please register early!
What is SSSRA?
SSSRA is a therapeutic recreation program that is an extension of seven park districts and three recreation and parks departments. It is organized to provide individuals with disabilities or special needs, the opportunity to be involved in year-round recreation.

Vision Statement
To be a quality resource that impacts the lives of the community, by evolving with their needs.

Who is Eligible for SSSRA Programs?
SSSRA programs are for individuals from birth through adult who receive special education services, vocational services, supported employment, or who have recreational needs not met by traditional park district programs. This could include individuals who have varying degrees of physical disabilities, intellectual disabilities, learning disabilities, emotional difficulties, hearing or visual impairments, and developmental delays.

Who is a SSSRA Resident?
Persons residing in the SSSRA member agencies are considered residents. These agencies are: Country Club Hills Park District, Hazel Crest Park District, Homewood-Flossmoor Park District, Lan-Oak Park District, Matteson Recreational Division, Oak Forest Park District, Olympia Fields Park District, Park Forest Recreation and Parks Department, Richton Park Parks and Recreation Department, and Tinley Park - Park District. SSSRA reserves the right to verify residency and special education services.

Americans with Disabilities Act
SSSRA is subject to and will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability against persons who meet essential eligibility requirements for services. If you have any questions about our services in regard to the ADA, please call us at (815) 806-0384.

Inclusion Services at SSSRA
SSSRA is committed to providing new and challenging leisure and recreation activities for all of our participants. We recognize that a park district or recreation department program may better serve an individual’s needs. SSSRA works with our ten member agencies to assist individuals with making the transition from special recreation to these programs. Our professional staff can help you choose an appropriate program, provide referral services, conduct any necessary staff training, secure support staff, or supply adaptive equipment or communication devices. If you or a family member wish to participate in a park district or recreation department program, please contact Tammy McMahon at (815) 806-0384.

Safety Precautions
Some participants in SSSRA programs and special events may be carriers of infectious disease(s). Staff and volunteers have been provided in-service training concerning proper hygienic procedures. SSSRA seeks to provide a safe environment for all of our participants, staff, volunteers, and the public. If you have any specific questions, please call the SSSRA Executive Director or Superintendent at (815) 806-0384.

SSSRA and SWSRA Cooperative Agreement
SSSRA has a cooperative agreement with South West Special Recreation Association (SWSRA). This agreement enables participants who reside in SSSRA and SWSRA resident communities to participate in most programs offered by either association at resident rates. Please note that this does not include day camp, vacation trips, away camps, and weekend trips. Special services such as scholarships and door-to-door transportation are not included in this agreement. First time participant coupon cannot be applied. Registrations will be processed after the deadline is reached for agency residents. SWSRA serves the residents of: Alsip, Blue Island, Hickory Hills, Merrionette Park, Midlothian, Palos Heights, Posen, and Worth.

We hope that through this agreement, each agency’s residents will have expanded opportunities for program participation. For additional information about this agreement, please call SSSRA at (815) 806-0384. To receive a copy of the SWSRA brochure, call the SWSRA office at (708) 389-9423.

SSSRA and LWSRA Cooperative Agreement
SSSRA has a cooperative agreement with Lincolnway Special Recreation Association (LWSRA). This agreement enables participants who reside in SSSRA and LWSRA resident communities to participate in most programs offered by either association at resident rates. Please note that this does not include day camp, vacation trips, away camps, and weekend trips. Special services such as scholarships and door-to-door transportation are not included in this agreement. First time participant coupon cannot be applied. Registrations will be processed after the deadline is reached for agency residents. LWSRA serves the residents of: Frankfort, Frankfort Square, Mokena, Manhattan, New Lenox, Peotone, and Wilmington.

We hope that through this agreement, each agency’s residents will have expanded opportunities for program participation. For additional information about this agreement, please call SSSRA at (815) 806-0384. To receive a copy of the LWSRA brochure, call the LWSRA office at (815) 320-3500.
Transportation
SSSRA has implemented these transportation procedures to ensure participants ride safely in our vehicles.

1. All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
2. All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
3. SSSRA has established transportation policies to ensure the safety of all passengers. If SSSRA staff determines it would be dangerous to transport an individual, SSSRA reserves the right to refuse to transport that person.
4. Persons riding in Amigo-type wheelchairs may have to transfer into a vehicle seat and use a seat belt. Amigo-type wheelchairs are not designed to transport individuals in moving vehicles.
5. Wheelchairs may be available for participant use while at programs and special events. Assistance by SSSRA staff will be determined on a case-by-case basis.
6. Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
7. When transportation is included in special events, the use of vans or buses may change as necessary to accommodate group sizes and needs.
8. A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.
9. If participants do not use SSSRA transportation and plan to be dropped off or picked up at a special event, please notify the SSSRA office prior to the event. Parents/guardians/group home staff are required to notify the program supervisor upon participant arrival and departure.
10. State law does not require the use of car seats in SSSRA buses, as they weigh more than 9,000 pounds. However, as a best practice, the association uses car seats whenever possible, for children under the age of 8.

Pick-Up Points
1. Special events have centralized pick-up and drop-off locations.
2. There are different codes for each pick-up point. Transportation is based on registration for each pick-up point. Please be sure to indicate which pick-up point you will use by documenting the correct code for the program you are registering for.
3. SSSRA cannot wait more than 10 minutes at the pick-up point due to demanding vehicle schedule.

### Transportation: Door-To-Door, Persons with Physical Disabilities, and Day Camp
1. SSSRA drivers will assist participants to and from their front door; driveways/walks must be clear of debris/obstacles. SSSRA staff will not enter residences.
2. Persons unable to be in a house alone should have someone meet the van at the designated time of return. SSSRA cannot wait more than 5 minutes due to the demanding vehicle schedule.
3. SSSRA transports in-district participants only for door-to-door service.
4. For door-to-door transportation, you will be called with your pick-up time prior to the program date.
5. A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.
6. Door-to-door transportation is available on a limited basis as indicated by this symbol.

### Early Arrival or Late Pick-Up Fee
Participants arriving more than 15 minutes prior to a program or special event will be charged a $15 fee for every 15 minutes early. Please pick-up participants at the designated time. If parents/guardians are not on time for participant pick-up, a $15 fee will be assessed for every 15 minutes late.

SSSRA is not responsible for participants’ safety until the scheduled program time.

### Mileage from Member Communities to Coyote Run Golf Course, Flossmoor (central pick-up point)

<table>
<thead>
<tr>
<th>Community</th>
<th>Distance</th>
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<tbody>
<tr>
<td>1</td>
<td>Country Club Hills</td>
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<tr>
<td>2</td>
<td>Community Recreation Center</td>
</tr>
<tr>
<td>3</td>
<td>Coyote Run, Flossmoor</td>
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<tr>
<td>4</td>
<td>Eisenhower Center, Lansing</td>
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<tr>
<td>5</td>
<td>Matteson Community Center (Matteson Avenue)</td>
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<tr>
<td>6</td>
<td>Oak Forest Park District</td>
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<td>7</td>
<td>Olympia Fields Park District</td>
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<td>8</td>
<td>Park Forest Village Hall</td>
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<tr>
<td>9</td>
<td>Richton Park Community Center</td>
</tr>
<tr>
<td>10</td>
<td>SSSRA, Tinley Park</td>
</tr>
</tbody>
</table>

![Map of Mileage from Member Communities to Coyote Run Golf Course, Flossmoor](map.png)
Program Times
Parents or individuals providing transportation for participants should make drop-offs and pick-ups at the times listed for the program. SSSRA staff use the time before the program to meet with staff and set-up. Please be prompt after the program as some staff are expected at another program. SSSRA staff are instructed to stay with participants until they are picked up. If a participant may walk home, or will be picked up by someone other than parents, a permission note signed and dated by the parent, must be given to the Program Supervisor.

Participation Guidelines When Illness Occurs
To prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. “Pink eye” (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge, which indicates infection.
9. Fatigue, due to illness, that will hinder participation and enjoyment of the program.
10. SSSRA may request that a participant submit a doctor’s release in order to participate in SSSRA programs or special events.

Please notify the SSSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the recommendation of the doctor, or, if not under a doctor’s care, when the symptoms have clearly passed.

Atlanto-Axial Instability (AAI)
Because of the risk of injury, Special Olympics Illinois has established a policy which states that any participant with Down Syndrome, involved in any Special Olympics sport/activity, must obtain a x-ray, submit a letter from their physician, and complete the Special Olympics Illinois medical form. The letter must state that the individual does not have atlanto-axial instability prior to participating in the program. All programs in the brochure which require AAI clearance are marked with the AAI symbol. Please contact the SSSRA office for more information.

Program Policies
1. SSSRA reserves the right to determine participant appropriateness for programs and special events.
2. When arriving and departing a program, parents/guardians/group home staff are required to notify the program supervisor.
3. If a participant cannot attend a program, he/she cannot send a substitute in their place.
4. When participants of varying ages and ability levels are in the same program, SSSRA will group them appropriately.
5. SSSRA provides an approximate 1:4 staff-to-participant ratio.
6. While SSSRA staff will assist participants with their belongings at programs, SSSRA cannot be responsible for lost or stolen property. Participants should not bring valuables to programs.
7. Vacation Trips, Weekend Trips, and Overnights: Participants must have independent self-help skills, be able to work successfully in a 1:4 staff to participant ratio, and have participated in SSSRA weekly programs.
8. With your child’s best interest in mind, parents are invited to their child’s first program meeting. Our instructors have found that parent and/or sibling distractions during the program time affects the quality of their instruction. Our instructors always welcome the opportunity to discuss a participant’s progress with parents at any time.

Participant Expectations
1. Participants must have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact the SSSRA office.
2. Overall appearance should be clean (Hair, face, teeth, hands, nails, etc.).
3. Clean, dry clothing.
4. Appropriate attire for program participation (i.e. tennis shoes, warm-ups or loose/comfortable fitting clothing for athletic/sports/exercise programs).
Behavior Guidelines
SSSRA promotes the concept of “equal fun for everyone.” Participants are expected to exhibit appropriate behavior at all times. SSSRA’s behavior guidelines have been developed to help make the programs safe and enjoyable for all participants.

1. Participants must show respect to all participants, staff and volunteers.
2. Participants must refrain from threatening or causing bodily harm to self, other participants, or staff.
3. Participants must refrain from using foul language or discussing inappropriate topics.
4. Participants must show respect for equipment, supplies, and facilities.
5. Additional rules may be developed for specific programs and athletic programs as deemed necessary by staff.
6. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual’s situation. SSSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.

Program Cancellations
SSSRA attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SSSRA’s cancellation policies are as follows:

1. At the scheduled program time, if no participants arrive within the first 30 minutes, the program session will be cancelled, and staff will be sent home. No refunds will be given.
2. SSSRA staff look at all circumstances three hours prior to the starting time of the program or transportation route, to determine if the program should be cancelled.
3. If the program is cancelled, program staff attempt to reach all participants by phone to inform them. You will only be called if the program is cancelled.
4. SSSRA attempts to extend programs to make up missed dates.
5. SSSRA will call/send a letter announcing program extensions.

Severe Weather Guidelines
In the event of severe weather, cancelling programs may be in the best interest of our participants. For the safety of our participants, supervisors may make the decision to cancel a program in progress, should weather become questionable. The following guidelines will be used to determine cancellations:

Severe Cold Weather
• Outdoor programs: Temperature range of 0 degrees or less, including wind chill.
• Programs with transportation: Temperature of 0 degrees or less, including wind chill.
• All programs (including indoor): Snowstorm situations when driving restrictions (winter storm or blizzard warning in which authorities have advised not going out unless necessary) and emergency accident plans (state and local police) are in effect.

Severe Hot Weather
• Outdoor programs, or indoor sites without air-conditioning, a heat index of 100 degrees or higher.
• Programs with transportation: Heat index of 100 degrees or higher.
• All programs (including indoor): Weather situations when a tornado warning is in effect for Lake, Will, Cook and/or DuPage counties.

High Wind Advisory
Transportation when there is a high wind advisory in effect, strong winds can make driving difficult, especially for high profile vehicles.

Program Options
SSSRA assigns designations for individuals in targeted disability groups for each program. The groups targeted are suggestions. We will attempt to accommodate all individuals. Please contact the SSSRA office if you would like to discuss your program options.

Brochure Errors
Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. SSSRA reserves the right to make any such adjustments. The staff apologize for any inconvenience these errors or adjustments may cause.

Brochure Mail Delivery
SSSRA relies upon the post office for mail deliveries of our seasonal brochures. SSSRA assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at your park district, recreation department, or the SSSRA office.

Please call 815-806-0384 for weather related cancellations.
Extension 23 for weekly programs and special events, and extension 24 for Special Olympics.
Day Camp
Day Camp offers an atmosphere where campers have fun while experiencing social interaction with camp-mates, while developing skills like sportsmanship and increased independence. Activities include sports, games, crafts, singing, dancing, food creations, playtime, swimming, and field trips.

Benefits of Day Camp...
To improve socialization skills by developing peer relationships and encouraging meaningful relationships with adult leaders. To encourage campers to cooperatively play with others and make new friends.
- To improve self-help skills.
- To increase creativity and mind development.
- To provide daily experiences that increase self-esteem.
- To improve fine and gross motor skills.

Camp Registration
Each camp is limited to a maximum number of campers. Early registration is important for enrollment to camp. Registrations will be on a “First Come, First Served Basis” (received registration form and payment in full) with preference given to residents of member park districts and recreation departments. Payment plans can be arranged by contacting the SSSRA office. A $50 deposit is required for each session with registration form. Once camp is in progress adding sessions will require an additional $50 deposit per session.

Please Note: Current camp session must be paid in full before your camper may participate in next registered session.

Once a child is enrolled for any session of camp, fees will only be adjusted or refunded for the following circumstances once camp begins: prolonged medical absences, summer school, other educational programs or therapies, and moving. Please note fees are not prorated for vacation time. The association incurs costs for hiring staff, drivers and administration of transportation routes. Your understanding on this is appreciated.

Scholarships
SSSRA can assist residents with disabilities who are in need of financial support by providing a scholarship for a portion of the day camp fee. Residents requesting a scholarship should complete a Confidential Scholarship Application (available online and at the SSSRA office) and submit it to the SSSRA Executive Director with the completed registration form and waiver. Participants who receive day camp scholarships will be responsible for paying fees for any weekly programs or special events they register for.

A $50 deposit is required for each session with registration form. Once camp is in progress adding sessions will require an additional $50 deposit per session.

Public Aid Recipients
Residents with disabilities who receive public aid and/or have a medical card from the state of Illinois and who are age 5 and older may qualify for a full scholarship from the American Camping Association (ACA). The address on the card must be a resident/member agency address. The scholarship covers the cost of a full-day camp, without transportation services. ACA scholarships are limited and are provided on a first come, first serve basis. Contact the SSSRA office for more information.

Department of Children and Family Services
Residents who have foster children through DCFS who wish to participate in day camp should contact their caseworker to work out payment arrangements. Payment arrangements must accompany the SSSRA registration form, waiver, and annual form if not already on file.

A child will not be considered enrolled until written confirmation of payment is completed and received by SSSRA. Spots may not be reserved over the telephone by caseworkers. We appreciate your understanding on this matter. If you have any questions, please call the SSSRA office for more information.

Transportation
Door-to-Door transportation to and from camp is an available option to residents only. SSSRA does its best to make sure that participants are not on the bus for more than one hour. A Transportation Assessment Form is required to be completed for all campers and returned to the SSSRA office three weeks prior to the beginning of each camp session. The purpose of the Transportation Assessment is to provide information to our staff when campers are traveling to swim and field trips in addition to providing a pick-up and drop off address for transportation. SSSRA cannot guarantee transportation to and from camp after the registration deadline.

Registration Deadlines
Session B - June 12
Session C - June 26
Session D - July 10
Parent Day / All Camp Day - July 24
Day Camp Assessment Forms
Our goal is to provide a quality experience for your child as he/she participates in SSSRA Day Camp. We believe we can carry out that goal by getting to know your child’s interests, educational and physical strengths, and special needs.

Upon receipt of your registration form, SSSRA will send you a Day Camp Assessment Form that must be completed by you and your child’s current teacher. Please return the forms to the SSSRA office two weeks prior to the start of the day camp session.

Day Camp Staff
An average ratio of 1 staff to every 4 campers is maintained at camp sites. The ratio may vary according to the ability level of campers. Please indicate on the Parent Assessment Form if your child needs special care (Example: 1 on 1 aide). All Day Camp Staff participate in an extensive orientation to familiarize them with the special needs of the campers.

Snacks and Lunches
Parents will need to send a sack lunch every day with their child’s name on it. SSSRA provides a snack for your child during Day Camp. If your child has dietary restrictions, you may send your own snack or call the office to make arrangements for us to supply a snack suitable for your child’s needs. SSSRA will provide water or sugar free kool-aid. Please list all dietary restrictions on the registration form. Campers will not have access to vending machines.

Rainy Days
SSSRA has access to indoor facilities if it rains, therefore, camp will meet every day.

Medication
If your camper will need to take medication during camp time or if you are sending emergency medication (Benadryl or inhalers), you must complete and return the Medication Release Form and the Inhaler & Auto-Injector Waiver, both found in the Parent Assessment Form packets.

All medicine must be in the sealed medication envelope (provided by SSSRA) with all correct and pertinent information needed. Medication must be turned into the SSSRA office on the Friday prior to the session start date.

Site supervisors at each camp will be responsible for dispensing medication.

Swimming
Campers will swim once a week. They are to bring a swimsuit and towel in a swim bag provided by you. Male campers must have lined swim trunks or they will not be allowed to swim in the pool. SSSRA recommends that female swimmers wear a one piece swimsuit. Sunscreen is available, but it is recommended that campers bring their own sunscreen lotion due to skin sensitivity. All items MUST be labeled with the campers’ name. For campers who don’t have bladder or bowel control, it is mandatory that they wear swim diapers. Please be sure to send the swim diapers every week. Traditional diapers or Depend undergarments will not be allowed in pools. Contact Katie Lucas at (815) 806-0384 with questions.

Field Trips
SSSRA will schedule four field trips during the eight weeks of Day Camp. Campers will be transported in either SSSRA vehicles or by a contracted bus company. Information regarding field trips will be sent home on the campers’ weekly calendar. On field trip days, please have your camper wear their SSSRA Day Camp shirt.

Camp Calendars
Each week your camper will bring home an activity calendar. Important dates and information will be provided on the calendar, as well as other camp news and upcoming projects. Please take a moment to review and share the information with your child.

Camp T-Shirt and Bag
Each camper will receive a Day Camp t-shirt and lunch bag. T-shirts are to be worn on all field trips. Please indicate the t-shirt size on the registration form. Please write camper’s name in their lunch bag before they begin camp. T-shirts and lunch bags will be available for pick up at Meet the Staff Night.

Camper Attire
Campers should wear shorts or pants, t-shirts and closed toe shoes to camp everyday. Female campers should refrain from wearing tank tops or short shorts. Outdoor activities are planned for campers so footwear should be protective and functional.
Therapy Services
If campers require therapy services during the summer, SSSRA reserves the right to limit the amount of time that outside therapists will be allowed at day camp. Please understand that therapy services during day camp may cause a distraction to the other campers and staff. A 24-hour notification is required to the Program Manager before a therapist or case worker visit. If you have questions about therapy services during day camp hours, please contact Katie Lucas at 815-806-0384.

Communication Devices
South Suburban Special Recreation Association is not responsible for any lost, stolen, or damage to communication devices. While we understand that devices are important for individuals to communicate, SSSRA will not sign any agreements or lending arrangements with school districts or therapy services. All communication devices are the responsibility of the family.

Behavior Guidelines
SSSRA promotes the concept of “equal fun for everyone.” Campers are expected to exhibit appropriate behavior at all times. SSSRA’s behavior guidelines have been developed to help make the programs safe and enjoyable for all campers.

1. Campers must show respect to all campers, day camp staff, volunteers, and facility staff.
2. Campers must refrain from threatening or causing bodily harm to self, other campers, day camp staff, or volunteers.
3. Campers must refrain from using foul language or discussing inappropriate topics.
4. Campers must show respect for equipment, supplies, and facilities.
5. Additional rules may be developed at each camp site.
6. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual’s situation. SSSRA reserves the right to dismiss campers whose behavior endangers the safety of themselves or others.

Parent/Guardian Responsibilities
Please check-in with the SSSRA staff upon arrival and departure from camp.

1. Please help us keep track of your child’s belongings by labeling all items. SSSRA is not responsible for lost or stolen items.
2. Please do not send items not deemed necessary to your child’s care during camp. This includes electronics such as Nintendo DS or other gaming systems, iPods, or cell phones. SSSRA is not responsible for broken, lost or stolen items.
3. Please contact the SSSRA office if your child will be absent from camp.
4. Campers must arrive at camp with clean and dry clothing. Campers that do not have bladder or bowel control must provide clean clothing, clean-up supplies and diapers/Depends or similar items.
5. Parents should adhere to scheduled pick-up and drop-off times of camp. The staff appreciates your consideration in this matter as they need time to set-up and often have additional responsibilities following the end of the camp day.

Early Arrival or Late Pick-Up Fee
Participants arriving more than 15 minutes prior to the start of camp will be charged a $15 fee for every 15 minutes they are early. A $15 fee will be assessed for every 15 minutes they are late being picked up.

More Information
For additional information regarding day camp, please contact Tammy McMahon or Laura Pubins at SSSRA.

Please call 815-806-0384 or email tammuym@sssra.org or laura@sssra.org.

Registration Deadlines
Session B - June 12
Session C - June 26
Session D - July 10
Parent Day / All Camp Day - July 24
In an effort to accommodate all individuals, Day Camp is divided into four two-week sessions.

Due to the generosity of the Edmond & Alice Opler Foundation, the fee for transportation services is discounted for sessions A, B, C, and D. No further discounts or scholarships are available for the transportation portion of day camp services.

No camp Friday, July 3, 2020

Shooting Stars
Ages 2 - 7, All Abilities
Tony Bettenhausen Recreation Center, Tinley Park
9:00 am - 3:00 pm
Min/Max: 6/15
Mon - Fri, June 29 - July 10, No camp July 3
R: $286, R w/Trans: $430, NR: $1144
Code: 12001 B (w/o Trans), 12101 B (R w/ Trans)
Mon - Fri, July 13 - July 24
R: $318, R w/Trans: $478, NR: $1272
Code: 12001 C (w/o Trans), 12101 C (R w/ Trans)
Mon - Fri, July 27 - August 7
R: $318, R w/Trans: $478, NR: $1272
Code: 12001 D (w/o Trans), 12101 D (R w/ Trans)

Adventurers
Ages 8 - 13, All Abilities
Mon - Fri - Matteson Community Center
(Matteson Avenue)
Fri, June 26; July 10, 24; Aug 7 - Matteson Community Center (Oakwood)
9:00 am - 3:00 pm
Min/Max: 6/15
Mon - Fri, June 29 - July 10, No camp July 3
R: $286, R w/Trans: $430, NR: $1144
Code: 12002 B (w/o Trans), 12102 B (R w/ Trans)
Mon - Fri, July 13 - July 24
R: $318, R w/Trans: $478, NR: $1272
Code: 12002 C (w/o Trans), 12102 C (R w/ Trans)
Mon - Fri, July 27 - August 7
R: $318, R w/Trans: $478, NR: $1272
Code: 12002 D (w/o Trans), 12102 D (R w/ Trans)

Trailblazers
Ages 14 - 22, All Abilities
Eisenhower Center, Lansing
9:00 am - 3:00 pm
Min/Max: 6/15
Mon - Fri, June 29 - July 10, No camp July 3
R: $286, R w/Trans: $430, NR: $1144
Code: 12003 B (w/o Trans), 12103 B (R w/ Trans)
Mon - Fri, July 13 - July 24
R: $318, R w/Trans: $478, NR: $1272
Code: 12003 C (w/o Trans), 12103 C (R w/ Trans)
Mon - Fri, July 27 - August 7
R: $318, R w/Trans: $478, NR: $1272
Code: 12003 D (w/o Trans), 12103 D (R w/ Trans)

A minimum of 4 campers per route is required for door-to-door transportation. If this minimum is not met, transportation will be canceled.

Registration Deadlines
Session B - June 12
Session C - June 26
Session D - July 10
Parent Day / All Camp Day - July 24
Meet the Staff Night
Join us for Meet the Staff night! Staff will explain everything to get your camper ready for camp, including: transportation, field trips, lunch, and their daily routine. There will be time at the end to meet and get to know the camp staff assigned to your participant’s camp. Campers will receive their camp shirt and bag.

Thurs, June 11
Matteson Community Center (Matteson Avenue)
6:30 - 7:30 pm
Code: 12020

Parent Day / All Camp Day
Whether you are signed up for one session of camp or the whole summer, join us for the All Camp Event! The day will consist of music, dancing, arts & crafts, and a talent show. Lunch will be provided. Please let us know of any dietary restrictions. All day campers registered for the last session of camp will be attending this event. Please indicate the number of individuals on registration form, including participant and family members.

All 2020 Day Camp participants and family members
Fri, Aug 7
11:00 am - 2:00 pm
Matteson Community Center (Oakwood)
Free for 2020 Day Camp participants and 3 family members. Additional family members are $8 per person.
Code: 12011
Swim Lessons
SSRSA has partnered with British Swim School and their certified instructors to provide quality swim lessons to our participants. In the progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions, which will eventually lead the child to unassisted swimming. Swimming activities will encourage self-confidence, strengthen gross motor skills, and assist in following directions. Swim lessons are taught in a 1:2 staff to participant ratio. Please note that we share the pool with the public.

Please note that participant’s guardian/caregiver must assist with personal needs, i.e. dressing.

Please note 2 locations.
Children ages 3 - 12
LA Fitness, Tinley Park
Tues, June 16 - Aug 4
R: $201, NR: $804
Min/Max: 2/4
4:30 - 5:00 pm     Code: 10402
5:00 - 5:30 pm     Code: 10403
5:30 - 6:00 pm     Code: 10411

Children ages 3 - 12
Tinley Fitness
Sat, June 20 - Aug 8, No program July 4
R: $176, NR: $704
Min/Max: 2/4
9:00 - 9:30 am     Code: 10404
9:30 - 10:00 am     Code: 10405
10:00 - 10:30 am    Code: 10406
10:30 - 11:00 am    Code: 10407

Little Kickers Soccer
The Little Kickers Soccer program will develop and enhance skills such as teamwork, sportsmanship, coordination, and skill building. We will work on skill development and exercises to improve our ability to move the ball down the field and score some goals.

Due to the generosity of Ecolab, Inc., this program is offered at a discounted fee for residents.

Children ages 2 - 5
Volunteer Park, Tinley Park
Tues, June 16 - Aug 4
5:00 - 6:00 pm
R: $16, NR: $128, LWSRA & SWSRA: $32
Code: 10215
Min/Max: 6/12

Junior Kickers Soccer
The Junior Kickers Soccer program will develop and enhance skills such as teamwork, sportsmanship, coordination, and skill building. We will work on skill development and exercises to improve our ability to move the ball down the field to score some goals.

Children ages 6 - 12
Centennial Park, Tinley Park
Sat, June 20 - Aug 8, No program July 4
2:00 - 3:00 pm
R: $32, NR: $128
Code: 10315
Min/Max: 6/12
**Gymnastics**
Children will experience a wide range of gross motor activities while being introduced to the sport of gymnastics. Each class will provide your gymnast with a new experience on the trampoline, balance beam, and bars, along with many other gross motor activities implemented into the program in a fun and safe environment. Staff from SSSRA will assist each gymnast while a certified gymnastics instructor runs the program.

Children ages 4 - 6
United Gymnastics Academy, Tinley Park
Mon, June 15 - Aug 3, **No program July 6**
4:00 - 4:50 pm
R: $131, NR: $524
Code: 10216
Min/Max: 4/10

Children ages 7 - 12
United Gymnastics Academy, Tinley Park
Mon, June 15 - Aug 3, **No program July 6**
5:00 - 5:50 pm
R: $131, NR: $524
Code: 10316
Min/Max: 4/10

**United Gymnastics Academy**
6805 159th Street
Tinley Park, IL 60477
708-894-7171
Take Harlem Ave. to 159th. Turn east. Location is on the corner of 159th and Oak Park Ave. If you pass Oak Park Ave. you went too far.

**Crafts & Coloring Through the Alphabet** **New!**
Can you sing the alphabet song with me? Each week, we will focus on 2-3 different letters. Children will practice tracing the letter before making a craft related to the letter. We will also learn a song and enjoy a snack that correlates with the letters.

Due to the generosity of Ecolab, Inc., this program is offered at a discounted fee for residents.

Children ages 2 - 5
Tony Bettenhausen Recreation Center, Tinley Park
Wed, June 17 - Aug 5
5:00 - 6:00 pm
R: $28, NR: $220, LWSRA & SWSRA: $55
Code: 10217
Min/Max: 6/12

**Bumper Bowl**
This favorite program is guaranteed to provide a “striking” good time. Our bowling programs provide an opportunity for all ability levels to participate in this popular sport. Bumpers are placed in the gutters so you will be able to concentrate on skill development and technique while enjoying the success of watching the pins fall. Bowlers will be grouped according to age and ability. This program includes two games or 1½ hours of bowling, whichever comes first.

Please note locations and days.

Children ages 2 - 5, 6 - 12
Centennial Lanes 2.0, Tinley Park
Wed, June 17 - Aug 5
4:30 - 6:00 pm
R: $89, NR: $356
Code: 13501
Min/Max: 4/10

Children ages 2 - 5, 6 - 12
Oak Forest Bowl, Oak Forest
Thurs, June 18 - Aug 6
4:15 - 5:45 pm
R: $89, NR: $356
Code: 13502
Min/Max: 4/10

Children ages 2 - 5, 6 - 12
Oak Forest Bowl, Oak Forest
Sat, June 20 - Aug 8, **No program July 4**
12:30 - 2:00 pm
R: $78, NR: $312
Code: 13503
Min/Max: 4/10
Around Town with Friends  New!
Introducing a social club for younger kids! Each week, we will meet at a different location and have fun with our friends while we try a variety of new activities. Participants are encouraged to bring a water bottle and a snack each week.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat, June 20</td>
<td>Mini Golf &amp; Sand Volleyball</td>
<td>McCarthy Park, Tinley Park</td>
</tr>
<tr>
<td>Sat, June 27</td>
<td>Swimming</td>
<td>Park Forest Aqua Center</td>
</tr>
<tr>
<td>Sat, July 11</td>
<td>Fishing</td>
<td>Centennial Lake, Tinley Park</td>
</tr>
<tr>
<td>Sat, July 18</td>
<td>BBQ</td>
<td>Oakwood Park, Matteson</td>
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<tr>
<td>Sat, July 25</td>
<td>Disc Golf</td>
<td>The Bradford Barn, Olympia Fields</td>
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<tr>
<td>Sat, Aug 1</td>
<td>Nature Hike</td>
<td>Homewood Izaak Walton Preserve</td>
</tr>
<tr>
<td>Sat, Aug 8</td>
<td>Bags &amp; Bocce</td>
<td>Lan-Oak Park, Lansing</td>
</tr>
</tbody>
</table>

Children ages 6 - 12
Various Locations
Sat, June 20 - Aug 8, No program July 4
2:30 - 4:30 pm
R: $65, NR: $260
Code: 10317
Min/Max: 6/12

Brookfield Zoo  New!
Lions, tigers, bears, and dolphins... just a few of the animals that we will see at Brookfield Zoo! We will enjoy learning about many of the animals that the zoo houses while also on a scavenger hunt! While we are there, we will visit the Hamill Family Play Zoo and maybe even pet one of the animals. Participants should bring a sack lunch and a water bottle. Parents are welcome to attend for an additional fee.

Children ages 2 - 5, 6 - 12
Brookfield Zoo
Sun, June 28
10:30 am - 2:30 pm
R: $47, NR: $94, Additional Adult Guest: $31
Code: 14406
Min/Max: 6/15

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<tr>
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<th>Depart</th>
<th>Return</th>
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<tbody>
<tr>
<td>SSSRA Office, Tinley Park</td>
<td>9:00 am</td>
<td>4:00 pm</td>
</tr>
<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>9:30 am</td>
<td>3:30 pm</td>
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</tbody>
</table>

Ninja Warrior Course  New!
Calling all Ninjas! Have you wanted to put your training to the test and try a Ninja course? Summerlakes Park has Ninja steps, traverse wall, and vault wall among other obstacles. There is also a speed track for running, so we will have some relay races! Bring a sack lunch and water bottle as we will enjoy lunch afterwards.

Children ages 6 - 12
Summerlakes Park, Warrenville
Sun, July 12
10:30 am - 12:30 pm
R: $20, NR: $40
Code: 11006
Min/Max: 6/15

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<tr>
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<th>Return</th>
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<tbody>
<tr>
<td>SSSRA Office, Tinley Park</td>
<td>9:00 am</td>
<td>1:45 pm</td>
</tr>
<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>9:30 am</td>
<td>1:15 pm</td>
</tr>
</tbody>
</table>

Princess & Pirate Party  New!
Ahoy you pirates and pretty princesses! Come dressed in your pirate or princess wear as we enjoy a story from the book of Princesses & Pirates. We will play a variety of games and pick a craft to create and bring home.

Children ages 2 - 5
Tony Bettenhausen Recreation Center, Tinley Park
Fri, Aug 14
5:00 - 6:15 pm
R: $10, NR: $20
Code: 10904
Min/Max: 6/15
Teen Fast Food & Flicks
Let’s enjoy a fast food dinner, and watch one of the newest hit movies. The fee includes dinner and a movie, so if you would like a snack, please bring money. Participants must be able to work successfully in a 1:4 staff to participant ratio, and display appropriate table manners.

Participants are scheduled to view a G, PG, or PG-13 rated movie. R rated movies are an option for those who have permission from their parent or legal guardian.

Please note dates listed.

Persons ages 13 - 20
Marcus Country Club Hills Cinema
Mon, June 15, 29; July 13, 27
7:00 pm Showtime
R: $137, NR: $548
Code: 12701
Min/Max: 6/12

Location
Depart Return
SSSRA Office, Tinley Park 4:45 pm TBA*
Coyote Run Golf Course, Flossmoor 5:15 pm TBA*

*You will be notified of return time each week.

Minute to Win It
Come see how fast you can perform fine motor, gross motor, and organizational skills, and challenge your friends to fun filled games. We will be playing games from the show “Minute to Win It,” such as Junk in the Trunk, Defying Gravity, and Mega Bubble. Let’s see how many challenges you can complete in under 60 seconds!

Persons ages 13 - 20
Tony Bettenhausen Recreation Center, Tinley Park
Tues, June 16 - Aug 4
6:15 – 7:15 pm
R: $44, NR: $176
Code: 12708
Min/Max: 6/12

Out and About
Stay active by walking around the parks in our surrounding communities. Each week, we will visit a different park to enjoy fresh air, walking paths, games, and time with our friends. Be sure to bring a water bottle and wear comfortable clothes. A schedule of locations will be sent prior to the start of the program.

Persons ages 13 - 20
Various Community Parks
Thurs, June 18 – Aug 6
6:00 – 7:00 pm
R: $36, NR: $144
Code: 12723
Min/Max: 6/12

Young Adult Social Club
Liven up your Friday nights by joining your friends at Young Adult Social Club! All of our activities place a strong emphasis on socialization. You will be mailed a schedule of events and transportation times one week prior to the start of the program. Participants must be able to work successfully in a 1:4 staff to participant ratio, and display appropriate table manners.

Persons ages 13 - 25
Various Community Outings
Fri, June 19 - Aug 7, No program July 3
6:00 - 8:00 pm (times may vary)
R: $141, NR: $564
Code: 12704
Min/Max: 6/12

Gone Golfin’ New!
Tonight we’re going golfing! Come on out and test your skills on Tinley Junction’s 18-hole course, which features a Garden Model Railroad that runs throughout the course. We will be finishing off the evening enjoying a light dinner at the concession stand.

Persons ages 13 - 20
Tinley Junction
Sat, June 27
3:00 - 5:30 pm
R: $19, NR: $38
Code: 13114
Min/Max: 6/12

Ice Cream Social New!
Did you know that July 15 is National Ice Cream Day? There is only one way SSSRA knows how to celebrate, and that is by indulging in some delicious ice cream! Come and celebrate with us by making a craft, playing games, and creating a monster ice cream sundae!

Persons ages 13 - 20
Richton Park Community Center
Sun, July 19
3:00 - 4:30 pm
R: $14, NR: $28
Code: 13115
Min/Max: 6/10
Brunch & a Movie
We will start off our day together enjoying an early meal at a new restaurant each day. Do you want breakfast or lunch, well that’ll be up to you to decide. After we enjoy our brunch together, we will head to the theater to catch a matinee movie and avoid the evening crowds! The cost of the program covers the meal and movie ticket, so please bring extra money if you wish to purchase snacks.

You will be notified of your pick-up time for door-to-door transportation.

Persons ages 21 and older
Various Locations
Tues, June 16, 30; July 14, 28
8:00 am - 4:00 pm
R w/ Trans: $176, NR: $704
Code: 15003
Min/Max: 6/12

Swim Lessons
SSSRA has partnered with British Swim School and their certified instructors to provide quality swim lessons to our participants. In the progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions, which will eventually lead the child to unassisted swimming. Swimming activities will encourage self-confidence, strengthen gross motor skills, and assist in following directions. Swim lessons are taught in a 1:2 staff to participant ratio. Please note that we share the pool with the public.

Please note that participant’s guardian/caregiver must assist with personal needs, i.e. dressing.

Persons ages 13 and older
LA Fitness, Tinley Park
Mon, June 15 - Aug 3
R: $201, NR: $804
Min/Max: 2/4
4:30 - 5:00 pm  Code: 10408
5:00 - 5:30 pm  Code: 10409

Learn to Fish
Now you can tell your own big fish stories! Fish Tales Fishing Club members will help you learn fishing skills like baiting the hook, casting out, reeling in, and fishing etiquette. SSSRA will provide the rods, reels, and bait. Remember to bring a water bottle and insect repellent. Please note there is a little walk from the parking lot to the pier.

Due to the generosity of Ricky’s Ride, this program is offered at a discounted fee for residents.

Persons ages 13 and older
Centennial Lake, Tinley Park
Mon, June 15 - Aug 3
6:30 - 8:00 pm
R: $20, NR: $164, LWSRA & SWSRA: $41
Code: 12905
Min/Max: 6/20

Weight Lifting & Water Aerobics
Ready to get in shape? We will spend the first half of the program in the pool, working on core muscle strengthening and overall body conditioning. The other half of the program will be in the weight room to work on cardiovascular exercises as well as overall strength training. Please bring workout clothes and gym shoes, and bring a water bottle, swimsuit, and towel. Participants may want to consider bringing a key lock for the lockers. Participants must be able to work successfully in a 1:4 staff to participant ratio. Please note that we share the pool with the public.

Please note that we will start in the pool.

Persons ages 14 and older
Matteson Community Center (Matteson Avenue)
Mon, June 15 - Aug 3
6:30 - 8:30 pm
R: $69, NR: $276
Code: 12906
Min/Max: 6/15
Irons Oaks Trail Trekkers
Irons Oaks is a 38-acre nature preserve that offers environmental education programs designed to introduce people to the natural world through hands-on learning and exploration. Every week, we will have a naturalist guiding and teaching us about various outdoor topics. The program does require walking and manual wheelchairs may have a hard time maneuvering on uneven paths. Please dress accordingly. This program will take place outside in rainy conditions unless there is thunder and lightning.

Due to the generosity of Ricky’s Ride, this program is offered at a discounted fee for residents.

Persons ages 13 and older
Irons Oaks, Olympia Fields
Tues, June 16 - Aug 4
5:00 - 6:00 pm
R: $30, NR: $260, LWSRA & SWSRA: $65
Code: 12972
Min/Max: 6/15

Swimmercise
Water exercise helps build strong muscles and cardiovascular fitness. This program focuses on range of motion, balance, and coordination. Free swim will be the last 15 minutes of the program.

Persons ages 13 and older
Park Forest Aqua Center
Tues, June 16 - Aug 4
5:45 - 6:45 pm
R: $38, NR: $152
Code: 12912
Min/Max: 6/15

Bowling
This favorite program is guaranteed to provide a “striking” good time. Our bowling programs provide an opportunity for all ability levels to participate in this popular sport. Bowlers will be grouped according to age and ability. This program includes two games or 1½ hours of bowling, whichever comes first. Bowling ramps are available. Supervisors will keep track of participant’s bowling averages for Special Olympics.

Please note locations and days.

Persons ages 13 and older
Centennial Lanes 2.0, Tinley Park
Wed, June 17 - Aug 5
4:30 - 6:00 pm
R: $89, NR: $356
Code: 12916
Min/Max: 6/30

Persons ages 13 and older
Oak Forest Bowl, Oak Forest
Thurs, June 18 - Aug 6
4:15 - 5:45 pm
R: $89, NR: $356
Code: 12917
Min/Max: 6/30

Persons ages 13 and older
Oak Forest Bowl, Oak Forest
Sat, June 20 - Aug 8, No program July 4
12:30 - 2:00 pm
R: $78, NR: $312
Code: 12918
Min/Max: 6/30

Bocce
Bocce is a fun and unique sport that combines skill and strategy. You will improve your hand-eye coordination, depth perception, and learn the rules of the game. So come on out with your friends, and enjoy a summer filled with bocce!

Persons ages 13 and older
Potts Park, Lansing
Wed, June 17 - Aug 5
6:00 - 7:00 pm
R: $41, NR: $164
Code: 12952
Min/Max: 6/15

Potts Park
Lansing
Torrence Ave. to 173rd St., turn east. Oak Rd., turn right (south). Bernice Rd., turn left (east). Chicago Rd., turn left (north). 172nd St., turn left (west). Potts Park is at the end of 172nd St.

SSSRA Gift Cards
SSSRA gift cards are now available at our office. A great gift for any occasion!
Call 815-806-0384 for more information.
Aerobics

Aerobics will get you into shape, strengthen your muscles, and increase your level of cardiovascular fitness. You will learn exercises that you can do at home. We will begin with aerobic activity, and then move into stations to work with weights and other exercise equipment. Be sure to register for Let’s Dance following this program.

Persons ages 13 and older
Marie Irwin Community Center, Homewood
Wed, June 17 - Aug 5
6:00 - 7:00 pm
R: $32, NR: $128
Code: 12919
Min/Max: 6/20

Let’s Dance

Let’s dance to all your favorite tunes! We will work on dance steps, turns, and combinations, as well as learning interactive dances to all your favorite songs. This program will enhance your gross motor skills and encourage socialization. Grab your dancing shoes and get out on the dance floor! Don’t forget to sign up for Aerobics before this program.

Persons ages 13 and older
Marie Irwin Community Center, Homewood
Wed, June 17 - Aug 5
7:15 - 8:15 pm
R: $32, NR: $128
Code: 12935
Min/Max: 6/20

Fast Food & Flicks

Let’s enjoy a fast food dinner, and watch one of the newest hit movies. The fee includes dinner and a movie, so if you would like a snack, please bring money. Participants must be able to work successfully in a 1:4 staff to participant ratio, and display appropriate table manners.

Participants are scheduled to view a G, PG, or PG-13 rated movie. R rated movies are an option for those who have permission from their parent or legal guardian.

Please note dates listed.

Persons ages 21 and older
Marcus Country Club Hills Cinema
Wed, June 24; July 8, 22; Aug 5
7:00 pm Showtime
R: $138, NR: $552
Code: 13001
Min/Max: 6/20

Bar-B-Que Blast

There is more to a cook-out than hot dogs! Bring your apron and your appetite for this experience in outdoor cooking. Each week, you will learn how to prepare a different delicious meal on the grill using a variety of bar-b-que techniques. When dinner is ready, you can sit down and enjoy it with the good conversation of fellow cooks. You will learn some great recipes and ideas to try at home. Maybe you have a family secret recipe that you can share with the group. Yum! Stay for Crafty Creations following this program.

Persons ages 13 and older
Sgt. Means Park Pavilion, Olympia Fields
Thurs, June 18 - Aug 6
4:30 - 6:30 pm
R: $82, NR: $328
Code: 12923
Min/Max: 6/15

Crafty Creations

Explore your creative side and use your unique talents to make beautiful crafts! Join us for this exciting program, and experience the fun of using your imagination. Help strengthen your fine motor skills and self-esteem through artistic self-expression. Participants must be able to work successfully in a 1:4 staff to participant ratio. Don’t forget to sign up for Bar-B-Que Blast to enjoy dinner before this program.

Persons ages 13 and older
Sgt. Means Park Pavilion, Olympia Fields
Thurs, June 18 - Aug 6
6:45 - 7:45 pm
R: $59, NR: $236
Code: 12924
Min/Max: 6/15

*You will be notified of return time each week.
Park Forest Community Garden

SSSRA and the Village of Park Forest are working together to offer a gardening program to help beautify the community by adding diverse plant life to neighborhoods. Participants, family members, and volunteers will work together to build garden boxes; distribute fresh soil; and plant seeds, flowers, and other vegetation. Participants will tend to the garden, water, weed, and enjoy the great outdoors.

**Due to the generosity of Ricky’s Ride, this program is offered free of charge for residents.**

Persons ages 13 and older
Neola Street and Oswego Street, Park Forest
Thurs, June 18 - Aug 20
5:30 - 6:30 pm
R: FREE, NR: $256, LWSRA & SWSRA: $64
Code: 12948
Min/Max: 6/20

Garden Mosaics

The flowers are blooming and the sun is shining! Let’s spruce up our gardens with the most beautiful and colorful pieces of artwork. Each week, we will focus on a different project that will utilize a variety of supplies. Will you bring home your masterpiece and put it in your yard, or give it as a gift? Don’t forget to sign up for Park Forest Community Garden before this program.

**Due to the generosity of Ricky’s Ride, this program is offered free of charge for residents.**

Persons ages 13 and older
Neola Street and Oswego Street, Park Forest
Thurs, June 18 - Aug 6
6:45 - 7:45 pm
R: FREE, NR: $212, LWSRA & SWSRA: $53
Code: 12973
Min/Max: 6/20

**THANK YOU TO OUR SPONSORS**

AILEEN S. ANDREW FOUNDATION
ECOLAB, INC.
EDMOND & ALICE OPLER FOUNDATION
RICKY’S RIDE
SSSRA
TINLEY PARK-FRANKFORT ROTARY CLUB
The Theme Team
Summer has so many wonderful reasons to be happy. Every week, we will celebrate a specific theme with games, snacks, music, and fun. We can have a Hawaiian Luau one week, and a sports theme the next. There is no limit to what we can do. Come join the fun!

Persons ages 13 and older
Tony Bettenhausen Recreation Center, Tinley Park
Fri, June 19 - Aug 7, No program July 3
6:15 - 7:15 pm
R: $53, NR: $212
Code: 12974
Min/Max: 6/15

Animal Therapy
Sign up for an opportunity to interact with Rainbow Animal Assisted Therapy Dogs. We will learn how to groom, pet, walk, interact with, and give treats to dogs. These activities will help develop motor and communication skills, and instill a sense of self-esteem while building confidence.

Please note dates listed.

Fitness & Fun
Take time for fun and fitness - it is good for the body and the mind. Join your friends and keep in shape by exercising and using a variety of workout equipment. This is a great opportunity to enhance coordination, balance, strength, and muscle tone. Be sure to wear workout clothes and bring a bottle of water. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Please note 2 locations.

Saturday Night Social Club
Spend Saturday night with your friends, having fun out on the town! A variety of activities are scheduled each week. We may dine out, attend a sporting event, or have a dance party. All of our activities place a strong emphasis on socialization skills. You will be mailed a schedule of events and transportation times one week prior to the start of the program. Participants must be able to work successfully in a 1:4 staff to participant ratio, and display appropriate table manners.

Please note dates listed.
YMCA Camp Duncan
We’re returning to YMCA Camp Duncan for more summer fun! We will spend the week hiking, swimming, boating, and rock climbing. We will also make crafts, play games, and have campfires too! Campers and staff will sleep in cabins and eat in the dining hall.

Everyone will come home with a souvenir camp T-shirt to remember all the fun we had at YMCA Camp Duncan 2020!

Please note: Camp has limited accessibility. Campers must have independent self-help skills and be willing and able to stay with the group. Campers must be able to work successfully in a 1:4 staff to participant ratio, display appropriate table manners, and have participated in SSSRA weekly programs. SSSRA reserves the right to determine the appropriateness of participants for this trip.

Mandatory meeting to complete all Camp Duncan paperwork will take place at the SSSRA office the week of July 27. You will be sent a letter in the beginning of July letting you know the date and time of the meeting.

Persons ages 13 and older
Camp Duncan, Ingleside, IL
Mon, Aug 10 - Fri, Aug 14
8:30 am (Mon) - 12:30 pm (Fri)
Time subject to change
R: $637, NR: $1274
Code: 11701
Min/Max: 10/15

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<tr>
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<tr>
<td>SSSRA Office, Tinley Park</td>
<td>8:30 am (M)</td>
<td>12:30 pm (F)</td>
</tr>
<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>9:00 am (M)</td>
<td>12:00 pm (F)</td>
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</table>
Special Olympics Golf (AAI)

Grab your clubs and let’s hit the green! Each week, athletes will work on course etiquette, club selection, and course play. Those who wish to continue working on golf skills or who wish to compete in the 3- or 6-hole competition are welcome to register for this session. All athletes will be competing in the Special Olympics Region Golf Tournament, depending on which competition skill they are enrolled in. Athletes who need golf clubs must contact the SSSRA office prior to the first week of practice. Golfers must be able to walk the course with a pull cart. If golfers need an electric cart, they must have a doctor’s note and they will be riding in a cart with a staff member driving.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by May 8, 2020.

Due to the generosity of Ricky’s Ride, this program is offered at a discounted fee for residents.

Persons ages 8 and older
Coyote Run Golf Course, Flossmoor
Mon, May 18 - July 27, No program May 25
6:00 - 8:00 pm
R: $159, NR: $1,076, LWSRA & SWSRA: $269
Code: 10701-A
Min/Max: 6/15

Golf Skills Tournament
(Individual Skills)
Mon, July 13
Oglesby, IL
You will be notified of competition time

Region E Tournament
(9-hole Golf Tournament)
Wed, July 8
Chicago Heights Park District, East Course
315 Glenwood-Chicago Heights Road,
Chicago Heights
You will be notified of competition time

Golf 3 and 6-hole Tournament
Mon, Aug 3
Bartlett, IL
You will be notified of competition time

State Tournament
Hickory Point Golf Course, Decatur
Sat - Sun, Sept 12 - 13
Fee will be determined based on number of athletes going to State.
Code: 11902

New Requirement!
Please note: A copy of your participant’s state ID is required for all Special Olympics programs.

Special Olympics Unified Golf (AAI)

Enjoy golfing with friends and family members? Come play Unified Golf! Special Olympics athletes and Unified Partners compete together, each playing traditional stroke. Teams will practice on Mondays, then compete in the Region E Tournament. If teams win a gold medal, then it’s on to the State Outdoor Sports Festival in Decatur. Athletes must be able to golf at least 9 holes, with minimal to no assistance or coaching in order to play Unified Golf. Athletes and Unified Partners will each need to complete a registration form for this program. Athletes who need golf clubs must contact the SSSRA office prior to the first week of practice. Golfers must be able to walk the course with a pull cart. If golfers need an electric cart, they must have a doctor’s note and they will be riding in a cart with the Unified Partner.

Athletes and Unified Partners must complete the SSSRA registration form and submit with payment.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by May 8, 2020.

Unified Partners must have a Class A form on file with SSSRA by May 8, 2020.

Due to the generosity of Ricky’s Ride, this program is offered at a discounted fee for residents.

Persons ages 8 and older
Coyote Run Golf Course, Flossmoor
Mon, May 18 - July 27, No program May 25
4:30 - 6:30 pm
Athlete: R: $159, NR: $1,076, LWSRA & SWSRA: $269
Unified Partner: $130
Code: 10701-B
Min/Max: 6/15

Region E Tournament
(Unified Golf Tournament)
Wed, July 8
Chicago Heights Park District, East Course
315 Glenwood-Chicago Heights Road,
Chicago Heights
You will be notified of competition time

State Tournament
Hickory Point Golf Course, Decatur
Sat - Sun, Sept 12 - 13
Fee will be determined based on number of athletes going to State.
Code: 11902
Special Olympics Bowling (AAI)
Enjoy bowling and want to compete? Register for Special Olympics Bowling! Each week, athletes will practice for the Region E Tournament in August. Athletes can compete in singles, doubles, or team competition. If athletes earn a gold medal at the tournament, they will advance to the Sectional Tournament in October. If they earn a gold medal at the Sectional Tournament, they will advance on to the State Bowling Tournament. Each athlete will receive a bowling shirt to wear to the competition. Bowlers will bowl three games or 2 hours, whichever comes first. Bowling balls and shoe rental fee is included in the cost of the program. Participants must be able to work successfully in a 1:4 staff to participant ratio.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by May 29, 2020.

Persons ages 8 and older
Tinley Bowl
Thurs, June 18 - Aug 6
4:30 - 6:30 pm
R: $146, NR: $584
Code: 10706
Min/Max: 6/15

Region E Bowling Tournament
Orland Park or Joliet (athletes will be notified)
Sat, Aug 8
Time TBA (athletes will be notified)

Sectional Bowling Tournament
Stardust Bowl, Addison
Sun, Oct 18
Time TBA (athletes will be notified)

State Bowling Tournament
Peoria, IL
Sat, Dec 5
Time TBA (athletes will be notified)
Fee will be determined based on number of athletes going to State.
Code: 21901

Special Olympics Construction Team Picnic (AAI)
Come along to this awesome picnic just for Special Olympic Athletes! This will be an exciting day, including food, games, music, and more!
All Special Olympics Athletes
Allstate Corporate Campus, Northbrook
Sat, June 6
10:00 am - 1:30 pm
R: $18, NR: $36
Code: 11501
Min/Max: 6/25
Location
Depart
Return
SSSRA Office, Tinley Park 8:15 am 3:00 pm
Coyote Run Golf Course, Flossmoor 8:45 am 2:30 pm

Special Olympics Volleyball (AAI)
Bump, set, spike! Come join the SSSRA Stingrays for the 2020 season. In addition to practice, the Stingrays will compete in weekly games and the ITRS and Special Olympics Region E Tournaments. If the team wins gold at the tournament, then it’s off to the Special Olympics Fall Games! A schedule of all practices and games will be provided at the first practice.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by July 10, 2020.

Registration Deadline: June 19
Persons ages 13 and older
Tony Bettenhausen Recreation Center, Tinley Park
Tues, Aug 11 - Oct 6
6:30 - 8:00 pm
R: $110, NR: $440
Code: 10702
Min/Max: 6/24

Region E Tournament
Homewood-Flossmoor Sports Complex
18211 Aberdeen Avenue
Sat, Sept 19
Time TBA

ITRS Tournament
Sun, Sept 27
Location TBA
Time TBA (athletes will be notified)

State Fall Games
Rockford, IL
Sat - Sun, Oct 24 - 25 (confirmation pending)
Time TBA
Fee will be determined based on number of athletes going to State.
Code: 21902-A

State Competition Fees
Please note that fees for state competition will not be prorated unless for medical reasons. On average, fees are subsidized between 35 - 50%.
Special Olympics Unified Volleyball (AAI)
Join SSSRA’s Unified Volleyball Team! Unified teams combine Special Olympic athletes and partners, such as parents, siblings, and friends to play side by side. We will compete in games with other unified teams and in the Special Olympics Region E Tournament. If the team wins gold at the tournament, then it’s off to the Special Olympics Fall Games! A schedule of all practices and games will be provided at the first practice.

Athletes and Unified Partners must complete the SSSRA registration form and submit with payment.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by July 10, 2020.

Unified Partners must have a Class A form on file with SSSRA by July 10, 2020.

Registration Deadline: June 19
Persons ages 13 and older
Hazel Crest Recreation Center
Tues, Aug 11 - Oct 6
6:30 - 8:00 pm
R: $72, NR: $288
Code: 10703
Min/Max: 6/24

Region E Tournament
Homewood-Flossmoor Sports Complex
18211 Aberdeen Avenue
Sat, Sept 19
Time TBA

State Fall Games
Rockford, IL
Sat - Sun, Oct 24 - 25 (confirmation pending)
Time TBA
Fee will be determined based on number of athletes going to State.
Code: 21902-B

Special Olympics Bocce (AAI)
Bocce is a fun and unique sport that combines skill and strategy. Athletes will improve hand-eye coordination, depth perception, and learn the rules of the games. The Region E Tournament will be held in October. If athletes win a gold medal at the Region E Tournament, they will be eligible to compete in the Special Olympics State Summer Games in June, 2021.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by August 7, 2020.

Registration Deadline: July 24
Persons ages 8 and older
Coyote Run Golf Course, Homewood
Mon, Aug 10 - Oct 5, No program September 7
5:00 - 6:00 pm
R: $62, NR: $248
Code: 10705-A
Min/Max: 6/8

Region E Tournament
Frankfort, IL
Sat, Oct 17
Time TBA

State Summer Games
Illinois State University
Fri - Sun, June 12 - 14
Fee will be determined based on number of athletes going to State.
Code: 11901-A

State Competition Fees
Please note that fees for state competition will not be prorated unless for medical reasons. On average, fees are subsidized between 35 - 50%.

New Requirement!
Please note: A copy of your participant’s state ID is required for all Special Olympics programs.
Special Olympics Unified Bocce (AAI)

Bocce is a fun and unique sport that combines skill and strategy. If you are familiar with traditional bocce and want to have family or friends pair up with you, then join Unified Bocce. Athletes and Unified Partners work together during matches to try and win a medal. Unified Bocce will compete at the Region E Tournament, held in October. If athletes and their partners earn a gold medal at the Region E Tournament, they will be eligible to compete in the Special Olympics State Summer Games in June, 2021.

Athletes and Unified Partners must complete the SSSRA registration form and submit with payment.

All athletes must have a current Special Olympics Medical Application on file with SSSRA by August 7, 2020.

Unified Partners must have a Class A form on file with SSSRA by August 7, 2020.

Registration Deadline: July 24

Persons ages 8 and older
Coyote Run Golf Course, Homewood
Mon, Aug 10 - Oct 5, No program September 7
6:15 - 7:15 pm
R: $49 per person, NR: $196 per person
Code: 10705-B
Min/Max: 6/8

Region E Tournament
Frankfort, IL
Sat, Oct 17
Time TBA

State Summer Games
Illinois State University
Fri - Sun, June 12 - 14
Fee will be determined based on number of athletes going to State.
Code: 11901-B

Special Olympics Medfest

Special Olympics Illinois has teamed up with the medical professionals from Advocate Health Group to provide FREE sports physicals for intellectually disabled individuals already participating, and for those interested in getting involved in Special Olympics sports. Register today, and a medical application form will be mailed to you with instructions. This is not a staffed event. Athletes must be accompanied by a parent or group home staff throughout the whole process.

Registration deadline for Medfest is August 21, 2020

Special Olympics Athletes Report to:
Orland Park Sportsplex
11351 W. 159th Street, Orland Park
Thurs, Oct 8
8:00 am - 12:00 pm (You will be notified with appointment time)
R: FREE, NR: FREE
Code: 21502
Min/Max: 1/25

Special Olympics Medical Applications

Special Olympics Medical Applications are available at our office and on our website.

Please contact us at 815-806-0384 if you would like us to mail or fax you an application.

Please visit http://sssra.org/specialolympics.html to access the application online.
Music Therapy
Making music allows us to explore our creativity, self-expressions, and increase our energy through the enjoyment of the activity. We will create music through instrumentaton, rhythm, and song.

Persons ages 13 and older with severe & profound disabilities
Tony Bettenhausen Recreation Center, Tinley Park
Tues, June 16 - Aug 4
5:00 - 6:00 pm
R: $38, NR: $152
Code: 14806
Min/Max: 4/12

Creative Corner
It’s time to get creative and discover the artist in you! Each week, we will be creating a new masterpiece. Don’t miss out on this wonderful opportunity to express yourself artistically!

Persons ages 13 and older with severe & profound disabilities
Matteson Community Center (Oakwood)
Sat, June 20 - Aug 8, No program July 4
10:00 - 11:00 am
R: $52, NR: $208
Code: 14810
Min/Max: 4/12

Bowed Jewelry Making
Join your friends for fun, making jewelry out of beads! We will make necklaces, pins, key chains, and bracelets using a variety of beads. These activities place a strong emphasis on socialization, receptive and expressive language, and gross and fine motor skills. This program is geared towards adults with severe and profound disabilities.

Persons ages 13 and older with severe & profound disabilities
Tony Bettenhausen Recreation Center, Tinley Park
Fri, June 19 - Aug 7, No program July 3
5:00 - 6:00 pm
R: $52, NR: $208
Code: 14815
Min/Max: 4/12

Animal Therapy
Sign up for an opportunity to interact with Rainbow Animal Assisted Therapy Dogs. We will learn how to groom, pet, walk, interact with, and give treats to dogs. These activities will help develop motor and communication skills, and instill a sense of self-esteem while building confidence.

Please note dates listed.

Persons ages 13 and older with severe & profound disabilities
Marie Irwin Community Center, Homewood
Sat, June 27; July 11, 25; Aug 8
12:00 - 12:30 pm
R: $29, NR: $116
Code: 14814
Min/Max: 3/6

Coffee Can Ice Cream
Nothing brings back memories of lazy, carefree summer days as a kid like eating ice cream. Today we will learn to make ice cream in a coffee can. This project needs everyone to work together and in about 15 minutes, we will have homemade ice cream to enjoy.

Persons ages 13 and older with severe & profound disabilities
Marie Irwin Community Center, Homewood
Sat, June 27
1:15 - 2:15 pm
R: $10, NR: $20
Code: 15402
Min/Max: 4/12
National French Fry Day
Let’s get some french fries from the number 1 ranked place in America to get french fries - McDonald’s! We will add a variety of condiments of your choice. While we enjoy our fries, we can learn the history of french fries in America.

Persons ages 13 and older with severe & profound disabilities
Matteson Community Center (Matteson Avenue)
Mon, July 13
5:00 - 6:00 pm
R: $10, NR: $20
Code: 15403
Min/Max: 4/12

Edible Creations
Let’s discover our inner artist during this program where we will be creating art out of edible items. Once we are done you can take the items home and show off your creation, then eat them. Join us as we make an art project using food. This program will strengthen your fine motor skills through artistic self-expression.

Persons ages 13 and older with severe & profound disabilities
Matteson Community Center (Matteson Avenue)
Sat, Aug 15
10:00 - 11:00 am
R: $10, NR: $20
Code: 15413
Min/Max: 4/12

JANET PORTER, EXECUTIVE DIRECTOR
RETIREMENT ANNOUNCEMENT

“It has been an honor to know our participants and families, and a privilege to be part of an organization that provides programs that enhance their quality of life.”
- Janet Porter

Janet Porter, SSSRA’s Executive Director, has announced her retirement after 35 years of leadership. Janet’s last day at SSSRA is June 3. She will be greatly missed by our participants, families, staff, and the Board of Directors.

Janet came to the association in 1985, after beginning her career in Therapeutic Recreation at the West Suburban Special Recreation Association in 1983. She served as a Program Coordinator and Superintendent at SSSRA, prior to being promoted to the Executive Director position in 1992. Janet was honored with the 2014 ITRRS Distinguished Service Award.

Janet would like to thank SSSRA’s Board of Directors for their support through the years, and for the trust they have always placed in her. Our Board works collaboratively and is a positive example of diversity and inclusion. They are engaged not just in monthly meetings, but in our agency events and fundraisers. Janet is looking forward to the next phase of her life, and will carry with her so many fond memories, experiences and relationships that she gained working at SSSRA.

Our team has been inspired by her commitment to the field of Therapeutic Recreation, her work ethic, her professionalism, her ongoing support and encouragement, and the fact that by far she is the most patient and thorough person ever encountered!

We are proud of Janet’s accomplishments as an exceptional community leader, mentor, and friend. She leads by example, she is loyal to herself and the agency, and shows admirable leadership to continually enhance the services at SSSRA.

Congratulations on your retirement!
- SSSRA Staff
Low Impact Aerobics  
Are you ready to burn off some energy? Low Impact Aerobics will get you moving, help maintain range of motion, and increase your level of cardiovascular fitness. You will learn exercises that you can do at home. We will begin with stretches, then move into various exercises you can do from a chair or standing. Please dress for exercise and bring a water bottle.

**Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.**

Persons ages 21 and older with physical disabilities
H-F Racquet & Fitness Club, Homewood
Mon, June 15 - Aug 3
11:00 am - 12:00 pm
R w/o Trans: $39, R w/ Trans: $39, NR: $156
Code: 10513 (w/o Trans), 10613 (R w/ Trans)
Min/Max: 3/10

Bowling
Bowling provides a great opportunity to socialize with your friends and sharpen your bowling skills. An adaptive bowling ball and ramp are available. The program includes two games or 1½ hours of bowling, whichever comes first.

**Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.**

Persons ages 21 and older with physical disabilities
Centennial Lanes 2.0, Tinley Park
Thurs, June 18 - Aug 6
4:30 - 6:00 pm
R w/o Trans: $79, R w/ Trans: $79, NR: $316
Code: 10501 (w/o Trans), 10601 (R w/ Trans)
Min/Max: 3/10

Brunch and a Movie
We will start off our day together enjoying an early meal at a new restaurant each day. Do you want breakfast or lunch, well that’ll be up to you to decide. After we enjoy our brunch together, we will head to the theater to catch a matinee movie and avoid the evening crowds! The cost of the program covers the meal and movie ticket, so please bring extra money if you wish to purchase snacks.

**Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.**

Persons ages 21 and older with physical disabilities
Various locations
Tues, June 23; July 7, 21; Aug 4
8:00 am - 4:00 pm
R w/o Trans: $128, R w/ Trans: $128, NR: $512
Code: 10511 (w/o Trans), 10611 (R w/ Trans)
Min/Max: 3/10

Wii Bowling Tournament
Grab your lucky bowling shirt, and head over to participate in SSSRA’s Wii Bowling Tournament! Wii Bowling is easy to do and lots of fun. We will enjoy snacks while competing and socializing with our friends.

**Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.**

Persons ages 21 and older with physical disabilities
Marie Irwin Center, Homewood
Sat, June 20
10:00 - 11:30 am
R w/o Trans: $12, R w/ Trans: $12, NR: $48
Code: 11306 (w/o Trans), 14619 (R w/ Trans)
Min/Max: 3/10

Transportation Information
Please refer to the Transportation Guidelines on page 4. Limited transportation is available for all programs indicated with the transportation symbol and will be on a first-come, first-served basis. Please indicate if transportation is needed on your registration form. Transportation is available for residents only. You will be called during the first week of the program with your pick-up time. Please note: A minimum of three participants are required in order to run a vehicle route.
Tribute to Aretha

Paula Williams will knock your socks off in this amazing tribute to Aretha Franklin. We will enjoy lunch at White Fence Farm before the show.

Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.

You will be notified of your pick-up time for door-to-door transportation.

Persons ages 21 and older with physical disabilities
White Fence Farm, Romeoville
Wed, July 15
11:30 am Lunch, 12:30 pm Showtime
R w/ Trans: $60, NR: $120
Code: 14620
Min/Max: 3/10

Day at the Races

We are heading to the races in style. We will indulge in fine dining and an unbeatable track view. The indoor Million Room has tiered seating and floor-to-ceiling windows to ensure spectacular views. There is a business casual dress code that includes collared shirts, pants, and nice shoes. No gym shoes or shorts. So save the date for an awesome experience, and have some fun betting on the races. Please bring money for additional beverages and placing bets if you choose to do so.

Due to the generosity of the Aileen S. Andrew Foundation, door-to-door transportation is offered free of charge for residents.

You will be notified of your pick-up time for door-to-door transportation.

Persons ages 21 and older with physical disabilities
Arlington Park
Thurs, Aug 27
1:30 pm Races Start
R w/ Trans: $47, NR: $94
Code: 14621
Min/Max: 3/10

Since 2013, the Healthy Minds Healthy Bodies program has served more than 105 Veterans throughout the SSSRA member communities. Veterans in the Healthy Minds Healthy Bodies program have served in World War II, Korean War, Vietnam, Kuwait, Operation Iraqi Freedom, and the War in Afghanistan.

The Healthy Minds Healthy Bodies program offers a one year membership to a disabled Veteran with a disability rating of 10% or higher, a membership for a training partner for one year, and ten personal training sessions for the Veteran. Please note that Veterans must be residents of one of SSSRA’s member communities. Healthy Minds Healthy Bodies is offered at the following fitness facilities:

Eisenhower Fitness Center
2550 178th Street
Lansing

H-F Racquet & Fitness Club
2920 W. 183rd Street
Homewood

Matteson Community Center
20642 Matteson Avenue
Matteson

Oak Forest Health & Fitness Center
15601 S. Central Avenue
Oak Forest

Tinley Fitness
8125 W. 171st Street
Tinley Park

Please note:
New registrations for Healthy Minds Healthy Bodies will be accepted January 1 - May 31 and September 1 - December 31.

For more information about Healthy Minds Healthy Bodies, please contact Tammy McMahon at (815) 806-0384 or tammym@sssra.org
Family Day Picnic with SSSRA & LWSRA

SSSRA & LWSRA are teaming up to offer a combined Family Picnic to say thank you for your continued support of our agencies. We are excited to offer you an opportunity to meet your neighboring SRA friends, enjoy a bite to eat, and the beautiful sunshine on our faces. Lunch will be provided by Wiley’s Grill of Flossmoor, consisting of hot dogs, hamburgers, baked beans, chips, and dessert. A variety of games will be available to play, such as bocce ball, corn hole, field games, and of course, a water balloon toss. You won’t want to miss this event!

Please note: This is not a staffed event.

Due to the generosity of Ricky’s Ride and the Tinley Park-Frankfort Rotary Club, this program is offered free of charge for SSSRA & LWSRA residents.

All SSSRA Participants and Family
Hecht Park
9310 Birch Avenue, Mokena, IL 60448
Sat, July 11
Rain Date: Sun, July 12
11:00 am - 2:00 pm
R: FREE*, NR: $12, LWSRA: FREE*, SWSRA: $6
*Please note: If you do not show up for the event, you will be charged a $10 fee for each no show in your party.
Code: 13211
Min/Max: 25/100

Movie in the Park
Co-Sponsored with Lan-Oak Park District
Reminiscent of drive-in movies, we’ll provide the next best thing. Bring the family, lawn chairs or a blanket, and enjoy the movie, projected on a giant, 24-foot mega screen! Play on the playground and bring some money to order yummy, fresh-popped popcorn. See you at the movies!

All guests must be listed on the registration form.
Join us in the Park at 6:30 for a Party in the Park featuring music, a bounce house, a caricature artist, and a video truck!

Feature Film - Detective Pikachu
All SSSRA Participants and Family
Van Laten Park, Lansing
Fri, Aug 28
6:30 pm - Party in the Park
8:30 - 10:00 pm - Movie
R: FREE, NR: $16, LWSRA & SWSRA: $8
Code: 13207
Min/Max: 6/20

Van Laten Park
Lansing
Torrence Ave. to Ridge Rd., turn west. Go to Clyde Ave., turn left (south). Go to 183rd Pl., turn left (west). Go to Country Lane, turn right (north). Go to 183rd St., turn left (west) you should run into the park.

14th Annual Ricky’s Ride
Join us at Oak Forest Bowl to meet and greet the men and women who are supporting the 14th Annual Ricky’s Ride! This event has been a huge success and has raised over $134,000 for SSSRA. Meet the riders, check out the unique motorcycles, and experience the rumble of over 300 motorcycles at one time!

All SSSRA Participants and Family
Oak Forest Bowl, Oak Forest
Sun, Sept 20
10:00 am (Motorcycles leave at 11:00 am)
FREE
Code: 13204 (w/o Trans)
14104 (R w/ Trans)
Min/Max: 10/40

Location
SSSRA Office, Tinley Park 8:45 am 12:45 pm
Coyote Run Golf Course, Flossmoor 9:15 am 12:15 pm

For more information about Ricky’s Ride or for raffle tickets, please contact Lisa Drzewiecki, Superintendent, at 815-806-0384, ext. 21, lisa@sssra.org, or visit www.rickysride.org.
Benches on the Avenue  
Meet your friends from SSSRA at Durbin's in Tinley Park to enjoy pizza before we head out to check out some of the famous benches on Oak Park Avenue. The Village of Tinley Park is hosting their 17th Annual Benches on the Avenue! The bench theme this year is “Around the World.” There will be famous icons and favorite vacation spots represented. The group will be walking about 1.5-2 miles. Everyone is sure to see a bench they can call their favorite!

Persons ages 13 and older  
Durbin's, Tinley Park  
17265 Oak Park Avenue, Tinley Park  
Sun, June 28  
11:00 am - 2:30 pm  
R: $23, NR: $46  
Code: 11131  
Min/Max: 6/20

Hawaiian Luau  
Put on your flowered shirt and grass skirt, and get ready to party Hawaiian style! Come to the luau, and dance the night away with your SRA friends! Dinner and refreshments are provided.

Persons ages 13 and older  
Romeoville Recreation Department  
Fri, July 10  
6:30 - 9:00 pm  
R: $45, NR: $90  
Code: 14206 (R w/Trans - Tinley Park)  
14207 (R w/Trans - Richton Park)  
14209 (R w/Trans - Oak Forest)  
14210 (R w/Trans - Flossmoor)  
14217 (R w/Trans - Country Club Hills)  
14208 (R w/Trans - Lansing)  
Min/Max: 6/40

Concert in the Park  
It's time to rock out and enjoy some music with your friends! We will be listening to music by Voyage, an 80s arena rock cover band. Pick-up and drop-off will take place at the front entrance of the Tony Bettenhausen Recreation Center. Bring a blanket or chair to sit on. Make sure you eat dinner before you arrive.

Persons ages 13 and older  
Tony Bettenhausen Recreation Center, Tinley Park  
Thurs, July 16  
6:45 - 9:15 pm  
R: $5, NR: $10  
Code: 11142  
Min/Max: 6/20

Splashing Around Pool Party  
Swimming, warm weather, friends, and fun - now that is what summer is all about! So grab your towel and get ready to sploosh splash around! Snacks and beverages will be provided.

Due to the popularity of this program, we are offering 2 dates. Please let us know which date would be your first choice. If you would like to go to both parties, you can request the second party, and if it does not fill up, you will be allowed to attend.

Persons ages 13 and older  
Park Forest Aqua Center  
Min/Max: 6/20

Fri, July 17  
5:00 - 7:00 pm  
R: $10, NR: $20  
Code: 11109

Tues, Aug 11  
5:00 - 7:00 pm  
R: $10, NR: $20  
Code: 11111

Christmas in July  
It may not be December, but the holiday spirit can be shared all year. With Christmas in July, you will be able to draw a name out of a hat, make a crafty gift for them, and gift it to your peer at the end of the program.

Persons ages 13 and older  
Richton Park Community Center  
Sun, July 19  
1:15 - 2:45 pm  
R: $7, NR: $14  
Code: 11149  
Min/Max: 6/20
**Thunderbolts Game**
Calling all baseball fans - join us as we watch the Windy City Thunderbolts take on the Joliet Slammers. Dinner will be provided. Please make sure to dress appropriately for the weather, and don't forget to bring money for additional snacks and souvenirs.

Persons ages 13 and older  
Windy City Thunderbolts, Crestwood  
Fri, July 24  
7:05 pm game  
R: $32, NR: $64  
Code: 11103  
Min/Max: 6/20

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<tr>
<th>Location</th>
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<tr>
<td>SSSRA Office, Tinley Park</td>
<td>5:00 pm</td>
<td>10:45 pm</td>
</tr>
<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>5:30 pm</td>
<td>10:15 pm</td>
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**Ain't Misbehavin'**  
We are traveling to the Theatre at the Center in Munster, Indiana for lunch, followed by the musical. You will be transported to a night club during the Harlem Renaissance, where the music and excitement of the 1920s and 1930s are in the spotlight, courtesy of the great Thomas Wright “Fats” Waller. Fun, rowdy, and soulful music captures the varied moods of this era! We will enjoy a lunch of Chicken Piccata, steamed rice, peas and carrots, with rainbow sherbert for dessert. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Persons ages 13 and older  
Theatre at the Center, Munster, IN  
Sun, July 26  
1:00 pm Lunch, 2:30 pm Showtime  
R: $83, NR: $166  
Code: 14221  
Min/Max: 6/20

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<td>6:30 pm</td>
</tr>
<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>11:30 am</td>
<td>6:00 pm</td>
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**Country Western Dance**
Put on your boots and get ready to hoot and holler! Join your SRA friends for an evening of dancing. Be sure to come hungry because a full western meal will be served! Don't miss out on a rip roarin' good time!

Persons ages 13 and older  
Bolingbrook Recreation and Aquatics Complex  
Fri, July 31  
6:00 - 9:00 pm  
R: $54, NR: $108  
Code: 14211 (R w/Trans - Tinley Park)  
14212 (R w/Trans - Richton Park)  
14214 (R w/Trans - Oak Forest)  
14215 (R w/Trans - Flossmoor)  
14218 (R w/Trans - Country Club Hills)  
14213 (R w/Trans - Lansing)  
Min/Max: 6/40

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<td>Tichan House, Oak Forest</td>
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<td>Eisenhower Center, Lansing</td>
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<td>SSSRA Office, Tinley Park</td>
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<td>Richton Park Community Center</td>
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<tr>
<td>Country Club Hills Recreation Center</td>
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<td>10:30 pm</td>
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<tr>
<td>Coyote Run Golf Course, Flossmoor</td>
<td>5:00 pm</td>
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**Duck Derby**  
All aboard! We are taking the train from the Flossmoor Station (Flossmoor Road & Sterling) to Millennium Station in Chicago to watch the Special Olympics Duck Derby! Meet at the entrance by Flossmoor Brewery. Last year, they dropped 60,000 rubber ducks into the Chicago River off the Wabash Bridge. We will start our day at Pioneer Court for some games and to listen to a band. We will then pick out our spot to watch the ducks make their way down to the finish line. Participants must be willing and able to walk and stay with the group. The group will be walking approximately 3 miles. We will be stopping for a bite to eat. If interested in purchasing a Duck Derby t-shirt, please bring money ($20). Please bring a snack in an easy to carry bag.

Persons ages 13 and older  
Downtown Chicago  
Thurs, Aug 6  
9:00 am - 3:00 pm  
R: $37, NR: $74  
Code: 11132  
Min/Max: 6/20
Movie Under the Stars
Lights, camera, action! Who’s ready to sit back, relax, and watch a flick? Join us for a movie at 49ers Drive-In Theater. We will stop for a quick dinner so we can get a good spot under the stars. Dinner and the movie ticket are included in the fee. Times are approximate and may change based on show times. The movie will be rated G, PG, or PG-13. Please bring extra money for snacks at the drive-in. Please also bring a lawn chair or blanket to sit on and enjoy the movie.

Persons ages 13 and older
49ers Drive-In Theater, Valparaiso, IN
Fri, Aug 7
7:00 - 10:30 pm
R: $35, NR: $70
Code: 14219
Min/Max: 6/20

Location
SSSRA Office, Tinley Park 4:45 pm 12:00 am
Coyote Run Golf Course, Flossmoor 5:15 pm 11:30 pm

Great America
Great America is an awesome place to experience roller coasters, wild water rides, and see amazing shows! Be prepared for lots of excitement and big crowds. Please wear comfortable clothes and shoes. Bring money (approximately $60) for food and souvenirs. We will not be visiting Hurricane Harbor.

Persons ages 13 and older
Six Flags Great America, Gurnee
Sun, Aug 16
10:30 am - 7:30 pm
R: $110, NR: $220
Code: 11114
Min/Max: 6/25

Location
(ssrra office, tinley park) 8:30 am 9:30 pm
Coyote Run Golf Course, Flossmoor 9:00 am 9:00 pm

Deep River Waterpark
We’re heading to Deep River Waterpark for a splashing good time! Ride the lazy river or brave the storm tube ride. Bring sunscreen, towel, swimsuit, and a sack lunch. Concessions are available, so bring money if you would like to purchase a snack.

Persons ages 13 and older
Deep River Waterpark, Crown Point, IN
Sun, Aug 9
10:30 am - 3:00 pm
R: $49, NR: $98
Code: 11108
Min/Max: 6/20

Location
SSSRA Office, Tinley Park 9:00 am 4:30 pm
Coyote Run Golf Course, Flossmoor 9:30 am 4:00 pm

Bristol Renaissance Faire
Let’s travel back in time to the Bristol Renaissance Faire! The layout is of Elizabethan England during the 16th Century, and the grounds are filled with games, rides, crafts, food, and music. Lunch will be provided. Participants must be able to navigate on uneven grounds.

Persons ages 13 and older
Kenosha, WI
Sat, Aug 22
12:00 - 3:00 pm
R: $68, NR: $136
Code: 11150
Min/Max: 6/20

Location
SSSRA Office, Tinley Park 9:30 am 5:30 pm
Coyote Run Golf Course, Flossmoor 10:00 am 5:00 pm

Farmhouse Academy
New!
Calling all bakers! This is your opportunity to put your baking skills to the test and make professionally baked cupcakes! We will make the cupcakes from scratch, including the buttercream frosting. You will get to bring four cupcakes home to show off your baking talents. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Persons ages 13 and older
Farmhouse Academy, Mokena
Sat, Aug 15
1:30 - 3:30 pm
R: $41, NR: $82
Code: 14222
Min/Max: 6/20

Location
SSSRA Office, Tinley Park 12:15 pm 4:45 pm
Coyote Run Golf Course, Flossmoor 12:45 pm 4:15 pm
**Volo Auto Museum**

Are you searching for some summer fun? Join SSSRA as we travel to the Volo Auto Museum! We will see some unique wonders - not just cars. You might see the Batmobile, Disney artifacts, and much more! After we are done exploring at the museum, we are stopping at Fratello’s Hot Dogs where you can choose from a Chicago style hot dog and much more.

Please note that the only pick-up for this program is the SSSRA Office.

Persons ages 13 and older
Volo Auto Museum, Volo, IL
Sun, Aug 23
10:00 am - 3:00 pm
R: $40, NR: $80
Code: 14223
Min/Max: 10/15

**Will County Fair**

It’s summertime - time to enjoy lemonade, BBQ, and a day at the Will County Fair. We’ll check out the various animals, prize barns, enjoy some great food, and even catch a ride on a Ferris wheel. Lunch will be provided but bring extra money for souvenirs, rides, and games. There is a lot of walking, so wear comfortable shoes. Participants must be able to function in a 1:4 staff to participant ratio.

Persons ages 13 and older
Will County Fairgrounds, Peotone
Sat, Aug 29
12:00 - 4:00 pm
R: $26, NR: $52
Code: 11117
Min/Max: 6/25

**County Line Orchard**

Do you enjoy food, friends, and fun? If so, come join us while we head to the County Line Orchard! While we are here, we will get to encourage socialization through various activities such as apple picking, tractor rides, maze fun, and more. After all our apple picking, we might get hungry, so we will get lunch on the farm. Lunch and admission is included. Please feel free to bring extra money for souvenirs, apples*, or extra snacks. Get ready to brush up on your apple picking skills!

*The apples cost at least $1.80 per lb. and pumpkins cost at least $0.40 per lb.

Persons ages 13 and older
County Line Orchard, Indiana
Sat, Sept 19
11:45 am - 3:45 pm
R: $34, NR: $68
Code: 14220
Min/Max: 6/20

**Chicago White Sox**

Hey batter, batter! Come out and see the Chicago White Sox baseball team as they face the Cleveland Indians.

Be sure to sign up right away because these tickets will go fast! Please bring money for food and souvenirs. This is a very crowded event that requires the ability to climb numerous stairs, walk several blocks, and be willing and able to stay with the group.

Wednesday, September 23 is also $1 hot dog day, so bring your appetite!

Persons ages 13 and older
Guaranteed Rate Field, Chicago
Wed, Sept 23
7:10 pm game
R: $69, NR: $138
Code: 11106
Min/Max: 6/21
How to Register
1. Please completely fill in the Registration Form provided on pages 37 and 38.
2. Send completed form with payment to SSSRA Registration:
   19910 80th Avenue
   Tinley Park, IL 60487
   Your receipt will be mailed to you after your registration is processed. You will be notified if a program is cancelled. Payment options include check, money order, VISA, MasterCard, or Discover Card. Cash will only be accepted in person, at the SSSRA office.

Please note that the Registration Form, Annual Information Form, and Scholarship Application are now available as fillable forms on our website. Please visit www.sssra.org/registration to access the forms.

Refund Policies
1. A full refund will be issued if a program is cancelled.
2. If a participant drops a program prior to the start and no costs have been incurred, a $5 per program service fee will be charged and a refund will be issued.
3. If a participant drops a special event and SSSRA has incurred no costs due to purchase of tickets, rentals, deposits, etc., a $5 service fee per event will be charged and a refund will be issued.
4. In the event of prolonged illness or moving, a $5 service fee will be charged for each program and/or event, and a pro-rated refund issued. A doctor’s notice is required for illness.
5. A pro-rated refund may be given if SSSRA deems the program is inappropriate for a participant.
6. A refund will not be provided for cancellations due to inclement weather.
7. No refunds will be issued for cancellations due to inclement weather.
8. All refunds will be issued by check on a monthly basis.
9. Participants who receive a scholarship will receive prorated refunds when applicable.
10. Fees will not be prorated if participants register for an event on the same day as a scheduled weekly program because programs and special events are already subsidized between 35-50%.

Scholarships
SSSRA is in a position to offer scholarships in the form of fee discounts to SSSRA residents with disabilities who would like to participate in one or more programs, but who cannot afford the total fees charged. The SSSRA Board of Directors has established specific guidelines for the administration of scholarships. Persons requesting a scholarship must complete a Scholarship Application (available at the SSSRA office or at www.sssra.org) and submit it to the SSSRA Executive Director, along with the completed registration form, and a deposit.

The deadline for requesting scholarships for the program session is the same as the registration deadline. Participants who receive day camp scholarships may be responsible for paying fees for any weekly programs or special events they register for. Please note that scholarships are not available for vacation trips. SSSRA reserves the right to request proof of financial circumstances, including tax return documents, when needed.
First Time Participants - $15 Off
New participants with disabilities living in SSSRA member districts are eligible for $15 off of the total season registration fee by:
1. Clipping the coupon below and attaching it to your completed registration form.
2. Deducting $15 off the total fee from your payment.
3. Mailing the registration form and coupon by the program deadline to the SSSRA office.

Valid for all programs except day camps and weekend trips. Siblings, spouses, out-of-district participants, and parents are not eligible for the discount.

Registration Policies
1. Any household balance due from a previous program season must be paid in full before any registration is accepted for the current season. The balance due must be paid with cash, check, money order, VISA, MasterCard, or Discover Card.
2. Multiple Program Registration Discount: SSSRA residents will receive a $25 discount when they register for $200 or more in programs and/or special events. Please note: Winter and Spring are separate seasons. Completed registration forms and full payment must be in the SSSRA office by 5:00 pm on the registration deadline date for this to apply. No exceptions will be made to any of the criteria listed. Does not apply to Day Camp or Trips.
3. Registration forms will be accepted by walk-ins, mail, facsimile, or online. However, an individual is not considered registered until the SSSRA office has received payment in full along with the completed and signed registration form and waiver. When sending a fax to SSSRA, it is mutually understood that the facsimile document shall substitute for and have the same legal effect as the original form. Please contact the SSSRA office to confirm that your fax was received.
4. Due to increased volume of participants and programs, payment in full should accompany the registration form. Contact the SSSRA Executive Director to make any payment plan arrangements, if necessary.
5. Registrations are processed on a first-come, first-served basis.
6. Programs have a minimum and maximum size. Program minimum must be met by member agency resident. If your registration is received after a program is filled, your name will be placed on a waiting list. You will be notified after a deadline only if the program is full and you did not get in.
7. Participant ages listed in the brochure are approximations. If your child is close to the ages listed, and is interested in the program, please call the Superintendent to discuss a solution.
8. If vacancies exist after the registration deadline, siblings and individuals without disabilities will be allowed to register for designated programs, as considered appropriate by SSSRA staff.
9. A $32 fee will be charged by Old Plank Trail Community Bank for any returned checks.
10. If you register after the registration deadline or after a program begins, you may not be able to attend that program the following week.
Join Our Mailing List!

E-mail address ____________________________

SSRSA will not share your email address.

REGISTRATION FORM

Registration Deadline: May 1, 2020

Is this your first time participating with SSSRA? □ Yes □ No

How did you hear about SSSRA? □ Family □ Publication ______________ □ Community Expo □ Other ______________

Participant’s Name______________________________________________________________

Address __________________________________________________________________________ City __________________ State _______ ZIP ___________

Date of Birth _____/_____/______ Gender ________

Phone - □ Home ____________________ □ Work ____________________ □ Cell ____________________

Place a checkmark beside the phone number you would like us to use first.

Parent(s)/Guardian(s) Name________________________________________________________

Parent(s)/Guardian(s) Address ________________________________________________________________________________________________________

City __________________ State _______ ZIP ___________

Parent(s)/Guardian(s) Phone - □ Home ____________________ □ Work ____________________ □ Cell ____________________

Place a checkmark beside the phone number you would like us to use first.

Group Home/Residential Facility ___________________________________________ Manager/Caseworker ___________________________

Manager/Caseworker Phone - □ Office ____________________ □ After Hours ____________________

Emergency Contact ____________________________________________________________ Relationship _______________________________

Phone - □ Home ____________________ □ Work ____________________ □ Cell ____________________

Place a checkmark beside the phone number you would like us to use first.

Primary Disability __________________________ Secondary Disability/Medical Condition __________________________

Current Medications/Prescribed or Over-The-Counter __________________________________________________________________________

Does participant take medications at programs or special events? If yes, additional forms are required for completion. □ Yes □ No

Allergies __________________________________________ Dietary Restrictions __________________________

Photo Permission: I do hereby grant permission for my/our participant’s picture to be used in promotional materials related to SSSRA. Promotional materials include, but are not limited to SSSRA brochures and advertising, SSSRA website, Facebook, SSSRA email newsletter, member park district and recreation department brochures. □ Yes □ No (Unless indicated, photos of participants may be taken and used for publicity).

Waiver, Release of All Claims and Hold Harmless Agreement - Read Carefully!

Please read this form carefully and be aware that, in signing up and participating in South Suburban Special Recreation Association programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms “I”, “me”, and “my” also refer to parents or guardians as well as participants in the program. In registering for these programs, you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating, in any manner, in any and all activities with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury. Documents that are privileged and confidential communications, including but not limited to, attorney/client privileged communications, reports prepared in anticipation of litigation, and communications between SSSRA and the Park District Risk Management Agency will not be provided.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the SSSRA, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as “released parties” in the remainder of this Agreement.)

I hereby fully release and discharge the SSSRA and the other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the SSSRA and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as “participation”, “programs”, and “activities” referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver. Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become part of this agreement.

Signature of Parent or Legal Guardian ____________________________________________ Date _____________
Registration forms will be accepted by walk-ins, mail, facsimile, or online. An individual is not considered registered until the SSSRA office has received payment in full, along with the completed and signed registration form and waiver. When sending a facsimile transmission to SSSRA, it is mutually understood that the fax document shall substitute for and have the same legal effect as the original form. Please call the SSSRA office to confirm that your fax was received.

### Program Name

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<th>Resident Fee</th>
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### Guest Name:

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### Total

**Registration Deadline: May 1, 2020**

An updated Annual Information Form and Medication Dispensing Form (if applicable) must be on file to complete registration.

**To be registered you must:**
1. Pay previous balance in full.
2. Complete entire registration form.
3. Parent/Legal Guardian must sign form.
4. Full payment must accompany form.
5. Complete Charge Card information below.

- □ MasterCard  □ VISA  □ Discover
- Account #: _________/_______/_______/
- Expiration Date: _____/____
- CVC Code: _________
- Signature: ______________________________

Registration form must be filled out completely and signed by parent or guardian. Return to the SSSRA office with full payment to be considered registered.

Please write in program choices and sign waiver on reverse side. All guests must sign a waiver.
An updated Annual Information Form and Medication Dispensing Form (if applicable) must be on file to complete registration.

711 (Illinois Relay System)
815-806-0390 (fax)
815-806-0384 (phone)

175th to California Ave. north to 171st
708-335-1500
2600 W. 171st Street, Hazel Crest
Fitness Center
Hazel Crest Park District and street.

183rd St. to Kedzie south. Fields is on the north side before 183rd St. to 80th Ave. Turn north. Building is on the southwest corner of Ridge and Highland.

*Centennial Lake / Centennial Park
167th and Parliament, Tinley Park
708-532-8698
Harlem Ave. to 167th St. west. Left on Centennial Dr.

*Centennial Lanes 2.0
1605 Centennial Circle, Tinley Park
708-633-0500
159th St. to Oak Park Ave. south. Right on Centennial Dr.

*Challenger Field
167th & 76th Avenue, Tinley Park
80th Ave. to 167th St. Turn east. Go to 76th Ave. and turn north. Field is in Bettenhausen Park.

*Country Club Hills Community Recreation Center
4709 W. 179th Street, Country Club Hills
708-798-8497
183rd St. to Cicero and turn north. Right on 179th St.

*Coyote Run Golf Course / Wiley's Grill
800 Kedzie Avenue, Flossmoor
708-957-8700
183rd St. to Kedzie south. Golf course is located on the west side before Flossmoor Rd.

*Eisenhower Center
2550 178th Street, Lansing
708-474-8552
I-80 East to Torrence Ave. south. East at 178th St. Center is on the north side of the street.

*Hazel Crest Park District and Fitness Center
2600 W. 171st Street, Hazel Crest
708-335-1500
175th to California Ave. north to 171st east. Building is on the north side of the street.

*Hazel Crest Recreation Center
2701 W. 170th Street, Hazel Crest
708-335-1500
175th to California Ave. north. California Ave. becomes 170th St.

Homewood-Flossmoor Racquet & Fitness Club/Homewood Estates Park
2920 W. 183rd Street, Homewood
708-799-1323
183rd St. 2 blocks east of Kedzie. Fields are behind the H-F Fitness Club. Building is on the north side of the street.

Homewood Izaak Walton Preserve
1100 Ridge Road, Homewood
Halsted to Ridge Rd. Turn west. Location is on the right, approximately ½ mile west of Halsted.

Iron Oaks
20000 Western Avenue, Olympia Fields
708-481-2330
Lincoln Hwy. to Western Ave. north. Irons Oaks is on the left (west) side of the street between Joe Ore and Vollmer Ave.

LA Fitness - Tinley Park
18400 Convention Center Drive, Tinley Park
Haram to 183rd Street. Turn east. Turn right (south) on Convention Drive.

Lan-Oak Park
Lansing
I-80 East to Torrence Ave. south. East on 178th St. Park is on south side of the street.

Lions Stadium
18300 Oakley Avenue, Lansing
Torrance Ave. to Ridge Rd. Turn east. Turn right (south) on Oakley. The field is on the right, just before 183rd Street.

Marcus Country Club Hills Cinema
4201 167th Street, Country Club Hills
Cicero Ave. to 167th St. east. Theater is on the right (south) side of the street.

Marie Irwin Community Center
18120 Highland Avenue, Homewood
708-957-7275
Dixie Highway to Ridge Rd., and turn east. Center is 2 blocks down on the southwest corner of Ridge and Highland.

McCarthy Recreation Building / McCarthy Park / Tinley Junction
16801 S. 80th Avenue, Tinley Park
183rd St. to 80th Ave. Turn north. Building is at the north end of the parking lot of McCarthy Park.

Oak Forest Bowl
15240 S. Cicero Avenue, Oak Forest
708-687-2000
Cicero to 153rd. Bowling alley is on northwest corner.

*Oak Forest Park District/ Tichan House / Fitness Center
15601 South Central Avenue, Oak Forest
708-687-7270
Harlem Ave. to 159th St. Turn east to Central Ave. north.

Olympia Fields Park District / The Bradford Barn / Disc Golf Course
20712 Western Avenue, Olympia Fields
708-481-7313
Lincoln Hwy. to Western north. The Barn is on the left (west) side of the street.

Park Forest Aqua Center
30 N. Orchard, Park Forest
708-747-9490
Western to Route 30 west. South (left) on Orchard.

Patriots Park
18630 W. 187th Street, Homewood
Halsted to 187th St. Turn west. The park is on the right (north) side of the street.

*Richton Park Community Center
4455 Sauk Trail, Richton Park
Harlem Ave. to Sauk Trail, turn east.

Salem Lutheran Church
18324 Ashland Avenue, Homewood
Halsted to 183rd Street and turn west. Go past the light at Riegel Road and 183rd Street. Just past that intersection, turn left on Ashland.

*SSSRA Office
19910 80th Avenue, Tinley Park
815-806-0384
Vollmer to Harlem north. Turn west on 91st St. Turn left (south) on 80th Ave. Office is on the west side of the street.

Tinley Bowl
7601 183rd Street, Tinley Park
80th Avenue to 183rd Street. Turn east. Bowling alley is on the right.

Tony Bettenhausen Recreation Center / White Water Canyon / Fitness Center
8125 W. 171st Street, Tinley Park
708-342-4200
183rd St. to 80th Ave. north. Turn west on 171st St. Building is on left (south) side of the street.

Volunteer Park
8180 175th Street, Tinley Park
80th Ave. to 175th St., turn west. Park is on the left.
Thank You for Your Support of SSSRA